

## Star of the North Maternity Home

### What SON and What You Provide

\*If you need something please fill out an Item Request Form and please allow up to a 48 hours to a week for Item Requests\* unless an emergency

<b>STAR OF THE NORTH</b>	<b>YOU</b>
24/7 Care Coordinator coverage	Clean Clothing
Housing Rent or Mortgage	Personal Hygiene & Toiletries including toothpaste, deodorant and shampoo, sanitary products etc)
Utilities including	Cell Phone/Cords
Heat, Air, Electricity, Water, Sewer and Garbage	Electronics/Cords
Internet/WiFi	Batteries for your Electronics
Netflix or local TV	Specialty Food items
Door & House Security	Personal Specialty Items
Basic Food & Cooking items (flour, sugar butter, spices etc)	Breakfast, Lunch & Snack Food items
Cooking utensils & pans	Baby Food & Formula (unless emergency communicated to staff)
Dinner Meal Groceries	Babysitting/Child Care
Bed, pillows and bedding	Postage Stamps
Basic Household Goods	Medications
Basic Cleaning Supplies	Cleanliness including Bedroom
Toilet Paper	Make Arrangements for Transportation to personal outings and health related appointments
Paper Towels	SIGNUP for all available resources:
Light Bulbs	<ul style="list-style-type: none"><li>• WIC</li><li>• MFIP</li><li>• EBT</li><li>• Medical Insurance</li><li>• SPDAT at HRA Housing List</li><li>• Child Care</li><li>• Bus Pass</li><li>• Other Services Needed from Community</li></ul>
Computer Access, Printer & Paper	Attendance at Resident Meetings
Batteries for main items	Attendance at Education Sessions at Home & Community
Laundry: washer, dryer, iron,	Attendance at Appointments
Laundry detergent	Attendance at Mentor Sessions
Access to Sewing machine	Attendance SON Community Sessions
Access to donated goods (Clothing, Household items, Diapers, Wipes, Toiletries as we get) (some items may require points to access)	Attendance at Resident Fun Outings
Transport for approved and planned educational classes & appointments	If a vehicle, maintenance, insurance
Community Directory of Resources	
Help with babies	
Mentorship & Life skills training	
Community & Resident Meetings	
In House & Access to Community	
Educational classes and groups	
Life Goal Plan, 4 Phase Program and weekly check ins	